



Mansfield/Ontario/Richland County Health Department

# Health Report

Protecting & Promoting  
Health with an  
Ounce of Prevention

## June is Home Safety Month

Each year, homes are where nearly 21 million family members suffer injuries that could have been prevented. Follow the safety checklist to help your loved ones avoid getting hurt, especially from the three most common causes of home injuries: falls, poisoning, fire and burns.

### Falls Prevention

Falls are the leading cause of unintentional injury in the home. How you can stay safer:

- Use bright lights at the top and bottom of stairs and make sure hallways and dark areas in the home are well-lit at night with nightlights.
- Install grab bars in the tub, shower and near toilets.
- Use a rubber bath mat or non-slip strips in the tub.
- Wipe up spills and splashed bathwater promptly.
- All stairs and steps need handrails along both sides, secured along the full length of the stairway.
- Keep stairs and pathways clear of clutter.
- In homes with babies and toddlers, use baby gates at the top and bottom of stairs.

### Fire & Burn Prevention

Fifty-seven percent of fire and burn-related injuries occur in the home. You can protect your family:

- Check the setting of your water heater and make sure it's set no higher than 120 degrees F.
- Install smoke alarms on each level of your home—especially in or near sleeping areas.
- Test each smoke alarm every month by pushing the test button until you hear a loud noise.
- Replace smoke alarm batteries with new ones at least once each year.
- Know how to escape a fire. Find two exits out of every room – the door and possibly a window. Choose an outside meeting place in front of the home. Practice your plan twice a year with all members of the family.
- Stay in the kitchen while food is cooking on the stove.
- Make sure an adult is in the room constantly while a candle is burning.
- Be sure to lock matches and lighters away from children.



*Home Safety is in your hands. Follow these tips for falls, poisoning, and fire & burn prevention.*

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### National Health Observances: June

Home Safety Month; Vision Research Month; June 7-13: National Headache Awareness Week; Lead Poisoning Prevention Week; June 15-21: Men's Health Week.

### July Crackdown on DUI



The Richland County Safe Communities Coalition is reminding all motorists that *"Buzzed Driving is Drunk Driving,"* and to designate a sober driver when celebrating the holidays.

June 21 to July 5 is designated as an impaired driving crackdown period for law enforcement.

Drunk driving accounts for 40% of all traffic fatalities. Even a small amount of alcohol impairs the ability to drive. Be safe: drive sober.



### Region 5\* Cancer Screenings

	April	YTD
Pap Smears	109	389
Mammograms	104	417
Women Enrolled	119	436

\*Serving women in Ashland, Crawford, Huron, Knox, Marion, Morrow, Richland, Seneca & Wyandot.

*Suggestions and corrections, including mailing label corrections, are welcome. Call Reed Richmond, Health Educator, at 419-774-4726.*

## PUBLIC HEALTH

Health services for people of all ages who are residents of Richland County. Services are provided through our on-site clinic, in the community and through our home visits.

Public Health Clinic	April	YTD
AIDS Medical Clinic	5	18
Child Health	30	138
Clinic Flu Shots (Oct.-Feb.)	6	112
General Health	314	1,216
HIV/AIDS Testing (In House)	21	80
Immunizations (Patients)	179	750
Adult Immunizations (# of Shots)	184	716
Child Immunizations (# of Shots)	455	1,930
Satellite Immunizations (Patients)	29	108
International Travel (Patients)	46	130
Nutrition Education	0	1
Prenatal/OBGYN	95	320
Reproductive Health*	100	356
TB Testing	172	641
<b>Total Visits</b>	<b>997</b>	<b>3,870</b>

\*Combines STD & Pregnancy Test with Women's Health

### Public Health Nursing April YTD

BCMH	462	1,802
Community Health Screenings	85	316
Hearing Clinic	0	42
Influenza Vaccines (Flu Shots: Oct-Feb)	0	0
Lead Investigations	4	10
Newborn Home Visits	54	176
Help Me Grow Referrals	7	24
School Nurse Hours	984	4090
Senior Health Assessment	194	635
Infectious Diseases*	48	241

### Sexually Transmitted Diseases

STD Positive Results	46	200
Chlamydia	49	146
Gonorrhea	10	53
AIDS/HIV	1	1
Syphilis	0	0

\*Other than STDs. Includes inspections, investigations, and consultations. Numbers exclude City of Shelby.



### Home Safety, continued

#### Poisoning Prevention

More than two-thirds of homes with young children report that household chemicals (e.g. cleaners, bleach or kerosene) are stored in unlocked places. Every family can take steps to prevent a poisoning injury:

- Know the national poison control center toll-free number: 1-800-222-1222 and keep the number by every phone in the home.
- Look around your home—under the sink, in the garage—for cleaning products and automotive fluids that say “Caution”, “Warning” or “Danger” on the label. Store these away from food, in locked cabinets out of sight and reach of children.
- Carbon monoxide (CO) is a poison you can’t see, smell or taste. CO is produced by fuel-burning appliances and equipment in your home. These need proper maintenance for safe use. Also install a carbon monoxide detector to alert you if the CO level becomes unsafe.
- Install child locks on all cabinets—especially where potentially harmful items are stored. Be sure cleaning products and other household substances have child-resistant closures.
- Keep all medicines and vitamins in original containers in a secure area away from children.
- Store dangerous chemicals such as pesticides, automotive fluids and paint thinner in a secure locked cabinet.
- Always store gasoline in an approved container.

*\*Statistics from “The State of Home Safety in America™”*

*Article courtesy of Home Safety Council*

#### WIC Services - April

New Participants	244
Recertifications	508
Other Contacts	452
<b>Total Contacts</b>	<b>1,204</b>



### ENVIRONMENTAL HEALTH

The Environmental Health Services division directs a variety of programs that prevent, protect and educate our community about potentially harmful elements in our environment.

Contacts*	April	YTD
Campgrounds	0	9
Communicable Diseases	1	6
Foodborne Investigations	1	12
Food Operations	206	969
Indoor Air Quality	35	151
Lead Contamination	36	114
Manufactured Home Parks	9	18
Nuisance - food	15	74
Nuisance - housing	19	63
Nuisance - insects & rodents	11	19
Nuisance - sewage	15	59
Nuisance - solid waste	41	145
Nuisance - other	2	17
Plumbing - residential	177	579
Plumbing - commercial	205	677
Plumbing - other	26	109
Private Water Systems	35	191
Rabies Control	70	149
Schools	36	54
Sewage Systems (all types)	92	334
Smoke-free Workplace	43	150
Solid Waste	43	182
Swimming Pools/Spas	7	61
Tattoo/Piercing Parlors	17	36
Vector Control	32	59
All Other (not categorized)	26	165
Totals All Contacts	1,200	4,423

*\*Inspections, investigations and consultations*

#### CALLING THE HEALTH DEPARTMENT

Main Number .....	419-774-4500
Public Health Clinic.....	419-774-4700
Public Health Nursing.....	419-774-4540
Environmental Health.....	419-774-4520
Health Promotion/Education.....	419-774-4544
WIC.....	419-774-4560

### Health Report

### VITAL STATISTICS

The Vital Statistics division maintains records of all births and deaths in Richland County since 1908 (excluding Shelby). For information on obtaining a birth or death certificate, check the website at [www.richlandhealth.org](http://www.richlandhealth.org) or call 419-774-4500.

	April	YTD
<b>Total Births*</b>	113	428
Repeat Births	57	241
Teenage Births	17	63
Age 13 or younger	0	0
Age 14	0	1
Age 15	1	3
Age 16	1	3
Age 17	2	10
Age 18	3	18
Age 19	10	28
Unwed Teens	15	58
Repeat Births to Teens	4	12
Births to All Unweds	37	130

	April	YTD
<b>Total Deaths*</b>	84	334
Female	44	178
Male	40	158

#### Causes of Death

	April	YTD
Heart Related	37	115
Cancer	12	60
Lung	4	20
Colon	2	6
Prostate	1	4
Breast	3	6
Ovarian/Cervical	0	2
Other	2	19
Lung Diseases	9	40
Alzheimers	7	29
Renal/Kidney	6	19
Strokes/CVA	3	18
Flu/Pneumonia	1	12
Suicides	1	5
Accidents (includes crashes)	0	5
Stillbirths	1	2
Homicides	0	1
Pending Autopsy	2	8
Other (not listed above)	2	19

*\*Births & Deaths exclude City of Shelby*



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Mansfield/Ontario/Richland County  
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