

## 2008 Recommendations for Children & Teens

**Note:** Your child's record may vary based on specific vaccine usage, age when given and/or delays in completing the series.

AGE	Hep B <i>Hepatitis B</i>	DtaP, DT <i>Diphtheria Tetanus Pertussis</i>	Hib <i>Hepatitis B</i>	PCV7 <i>Haemophilus influenzae type b</i>	IPV <i>Polio</i>	Rota- virus <i>(Rota)</i>	Varicella Zoster <i>Chickenpox</i>	MMR <i>Measles Mumps Rubella</i>	Hep A <i>Hepatitis A</i>	Tdap <i>Tetanus Diphtheria Pertussis</i>	Menin- goccal <i>Menactra</i>	HPV <i>Human papilloma- virus</i>	Influenza <i>Flu Shot</i>
Birth	✓												
2 months	✓	✓	✓	✓	✓	✓							
4 months		✓	✓	✓	✓	✓							
6 months	✓	✓	✓	✓	✓	✓							✓
12 - 15 months	✓ (booster)	✓	✓	✓	✓ or		✓	✓	✓•				✓
4 - 6 years		✓			✓		✓ (2d dose)	✓					✓
9 - 10 years										◇ (10 yr)		◇ (9yr girls)	
11 - 12 years	◇						◇	◇		◇	◇	✓ (girls)	
15 or 18 years											◇		

◇ Vaccines for chickenpox, measles, mumps and rubella, and the Hepatitis B series should be given at age 11 - 12 if they were not completed earlier. The Tdap and Meningococcal vaccine is recommended at age 10-12. HPV may be given at age nine. Talk to your doctor or clinic. (•Booster needed at 6 months).

## 2008 Recommendations for Adults\*

Vaccine	Who	When/Dosage
<b>Influenza</b> ( <i>flu shot</i> )	All persons wanting to reduce the likelihood of becoming ill with influenza or of spreading it to others	Once a year in the fall
<b>PPV</b> ( <i>Pneumococcal polysaccharide</i> )	Persons age 65 years or older; Persons with chronic risk factors	1-time dose; booster 5 years after 1st dose
<b>Hep B</b> ( <i>Hepatitis B</i> )	All adults wishing to obtain immunity against hepatitis B virus infection; Persons with chronic risk factors	3 doses spaced 4 and 8 weeks apart
<b>Hep A</b> ( <i>Hepatitis A</i> )	All adults wishing to obtain immunity against hepatitis A virus infection; Persons traveling to some foreign countries; Persons with chronic risk factors	2 doses spaced 6 months apart
<b>Td, Tdap</b> ( <i>Tetanus, diphtheria, pertussis</i> )	Adults who are previously unvaccinated will need three doses. Booster Tdap for adults recommended once.	3 doses of Tdap if previously unvaccinated; Booster once
<b>Meningococcal</b> ( <i>menactra</i> )	College freshmen living in dorms; Persons with chronic risk factors	1 dose
<b>MMR</b> ( <i>Measles, Mumps, Rubella</i> )	Persons born in 1957 or later who are previously unvaccinated; Persons with chronic risk factors	1 or 2 doses are needed
<b>HPV</b> ( <i>Human papillomavirus</i> )	All previously unvaccinated women through age 26 years	3 doses are needed

\*Not all vaccines provided at community clinics.

### FREQUENTLY ASKED QUESTIONS

**What are vaccinations?:** Vaccinations protect your child against serious diseases. Most vaccinations are given as a shot. The words "vaccination" and "immunization" mean the same thing.

**Are vaccinations safe?:** Yes. Most vaccinations cause only minor side effects such as soreness where the shot was given or a slight fever. Serious reactions are very rare. The risks of the disease are far greater than a vaccination risk.

**Where do I call for more information?:** Call the Health Department at 419-774-4700 to talk at a Public Health Clinic nurse.